

Eating Disorders Families & Friends Support Group

(A Caregiver Connections Support Group)



Every third Saturday of the Month from
1:30-3:00 pm
NAMI Anchorage Conference Room
1057 W. Fireweed Lane, Suite 103
NO COST

Hosted by
The Alaska Eating Disorders Alliance
www.akeatingdisordersalliance.org
For more information contact:
907-302-5442

Join fellow caregivers and family members for a monthly Support Group offering support, education, and connection with other individuals with shared experiences.

Participation is free, private, and open to anyone supporting someone with an eating disorder. Participants can attend as often as they would like with no commitment.

Each group will include an educational topic related to supporting your loved one, time for themed discussion, and time for free chat where you can share experiences, thoughts, successes, and problems with others who relate to your situation.

THANKS TO OUR SPONSOR!



Disclaimer: The caregiver support groups are intended to offer support and resources for educational purposes. The information shared is not a substitute for medical treatment or psychological care. Refer to your treatment team. There is no obligation to seek services and no intent to endorse any one treatment facility.

